



5.01.2026~ 5.07.2026

PRODUCE

WEEKEND SALE

Choose Your Best Vegetables !

<ALL ITEMS ARE BOX PRICES>

BOX SALES ONLY !



CILANTRO(MEX)60CT

Cilantro is a nutrient-dense herb rich in vitamins A, C, and K, offering antioxidant, anti-inflammatory, and antimicrobial properties. It supports heart health by managing cholesterol and blood pressure, helps regulate blood sugar, aids digestion (reducing IBS symptoms), and may assist in detoxifying heavy metals from the body.

SALE PRICE

\$ 21.00

SUPER PRICE



LEMON 140CT

Lemons are highly nutritious, providing a significant boost of vitamin C, soluble fiber, and plant compounds (like flavonoids and hesperidin) that support immunity, heart health, and digestion. They aid in weight management, reduce the risk of anemia and kidney stones, and promote skin health by fighting free radical damage.

SALE PRICE

\$ 48.00

SUPER PRICE



JUMBO CARROT 50LB

Jumbo carrots, like standard carrots, are nutrient-dense root vegetables rich in beta-carotene, fiber, potassium, and antioxidants. They support vision health, boost immunity, aid digestion, and promote heart health by lowering cholesterol. Their high fiber and low-calorie content makes them excellent for weight management and blood sugar control.

SALE PRICE

\$ 38.00

SUPER PRICE



MANDARIN(CLEMENTINE)22LB

Mandarin oranges offer significant health benefits due to their high vitamin C and antioxidant content, which boost the immune system, promote collagen synthesis for skin health, and reduce inflammation. They are low in calories (approx. 40-50 per fruit) and high in fiber, aiding in weight management and digestion.

SALE PRICE

\$ 42.00

SUPER PRICE



CROWN BROCCOLI 22LB

Crown broccoli is a nutrient-dense powerhouse packed with vitamins C, K, and A, as well as fiber, calcium, and potassium. It contains high levels of sulforaphane, a compound with potent antioxidant and anti-inflammatory properties that can support detoxification, boost immunity, and may protect against certain cancers.

SALE PRICE

\$ 32.00

SUPER PRICE



HASS AVOCADO 48CT

Hass avocados are nutrient-dense fruits rich in heart-healthy monounsaturated fats (mainly oleic acid), fiber, and potassium, which help improve cardiovascular health, manage blood sugar, and increase nutrient absorption. One whole Hass avocado provides ~227 calories, 21g of fat, and 9.2g of fiber, supporting satiety and healthy digestion.

SALE PRICE

\$ 42.00

SUPER PRICE