



5.22.2026 ~ 5.28.2026

PRODUCE

WEEKEND SALE

Choose Your Best Vegetables !

<ALL ITEMS ARE BOX PRICES>

BOX SALES ONLY !



CILANTRO(MEX)60CT

Cilantro is a nutrient-dense herb rich in vitamins A, C, and K, offering antioxidant, anti-inflammatory, and antimicrobial properties. It supports heart health by managing cholesterol and blood pressure, helps regulate blood sugar, aids digestion (reducing IBS symptoms), and may assist in detoxifying heavy metals from the body.

SALE PRICE

\$29.00

SUPER PRICE



TAIWAN CABBAGE 40LB

Taiwanese flat cabbage is a highly nutritious, sweet, and crisp vegetable rich in vitamins C, K, and B, which strengthen the immune system and promote wound healing. Its high fiber content improves digestion, while antioxidants like kaempferol and quercetin reduce inflammation. It is also low in calories and supports heart health by helping to manage blood pressure and cholesterol levels.

SALE PRICE

\$26.00

SUPER PRICE



JUMBO CARROT 50LB

Jumbo carrots, like standard carrots, are nutrient-dense root vegetables rich in beta-carotene, fiber, potassium, and antioxidants. They support vision health, boost immunity, aid digestion, and promote heart health by lowering cholesterol. Their high fiber and low-calorie content makes them excellent for weight management and blood sugar control.

SALE PRICE

\$38.00

SUPER PRICE



LARGE FUJI APPLE 40LB

Fuji apples have the highest overall concentration of bioflavonoids of any variety of apple. Bioflavonoids protect you from heart disease and cancer, and are also essential for maintaining your level of health and controlling your weight.

SALE PRICE

\$38.00

SUPER PRICE



CROWN BROCCOLI 22LB

Crown broccoli is a nutrient-dense powerhouse packed with vitamins C, K, and A, as well as fiber, calcium, and potassium. It contains high levels of sulforaphane, a compound with potent antioxidant and anti-inflammatory properties that can support detoxification, boost immunity, and may protect against certain cancers.

SALE PRICE

\$38.00

SUPER PRICE



PINK LADY APPLE 40LB

Pink Lady® apples provide fibre for digestion, antioxidants that help slow skin ageing, 80% water for hydration and sugar for energy. In short, Pink Lady® apples are packed with benefits for your body.

SALE PRICE

\$35.00

SUPER PRICE