



11.28.2025~ 12.04.2025

PRODUCE WEEKLY SALE

Choose Your Best Vegetables !

BOX SALES ONLY !

<ALL ITEMS ARE BOX PRICES>



GREEN JALAPENO PEPPER 35LB

Green jalapeños offer benefits due to their rich content of vitamins A and C, fiber, and capsaicin, which can support the immune system, aid digestion, and boost metabolism for weight management. They also contain antioxidants that help protect against cell damage and have antibacterial properties that may fight certain infections.

SALE PRICE

\$36.00

**SUPER
PRICE**



HACHIYA PERSIMMON

Hachiya persimmons are a type of persimmon fruit known for their sweet, creamy flavor and numerous health benefits. Here are some of the key benefits of consuming Hachiya persimmons:
Rich in Nutrients: Hachiya persimmons are a good source of vitamins A, C, and E, as well as minerals such as potassium, magnesium, and manganese.

SALE PRICE

\$19.99

**SUPER
PRICE**



YELLOW ONION 50LB

Yellow onions are beneficial due to their rich content of antioxidants, vitamins, and fiber, which can support heart health, immune function, digestive health, and bone strength. They contain powerful compounds like quercetin and sulfur compounds that have anti-inflammatory and antibacterial properties, help control blood pressure and cholesterol, and can aid in blood sugar regulation.

SALE PRICE

\$22.00

**SUPER
PRICE**



GREEN PEPPER

Green peppers offer benefits such as boosting immunity and promoting skin and eye health due to high levels of vitamins A and C, antioxidants, and fiber. They are low in calories and packed with nutrients like vitamin B6, folate, and potassium, which support heart health, digestive health, and nervous system function. Eating green peppers may also help with weight management due to their fiber content.

SALE PRICE

\$22.00

**SUPER
PRICE**



PEELED GARLIC 10/3LB

Peeled garlic offers the same general health benefits as whole garlic, including boosting the immune system and supporting heart health by potentially lowering blood pressure and cholesterol. It is a good source of antioxidants, vitamins, and minerals, and it can help fight infections, reduce inflammation, and may even play a role in reducing the risk of certain cancers and cognitive decline.

SALE PRICE

\$89.00

**SUPER
PRICE**



ZUCCHINI SQUASH

Zucchini benefits include supporting eye and heart health, aiding weight management, and providing essential nutrients like antioxidants and vitamins C and B6. It also promotes healthy digestion due to its high fiber and water content. The vegetable's antioxidants can protect skin from UV damage and may play a role in reducing the risk of certain chronic diseases like some cancers.

SALE PRICE

\$20.00

**SUPER
PRICE**